

WHAT IS MUTTON?

Mutton is the meat of a sheep, which is no longer classed as a Lamb because it is over 1 year of age, typically up to 3 years.



Mutton is full of flavour, and lends itself well to kebabs, curries, stews and other slow cooked recipes.

Mutton tends to be darker in colour than Lamb .

Cuts of mutton, like for like, are much cheaper than Lamb. Perfect for those who are looking for great ingredients, without the great price tag.



Hollow Trees Farm @HollowTreesFarm · Aug 4

Full of flavour, versatile, and better for your wallet....Mutton is 100% underrated 🍴 #thoughtoftheday